# COMPLEX CANCER LATE EFFECTS REHABILITATION SERVICE

(CCLERS)

# A national service for people living with late effects from cancer treatment.

Late effects are health problems which may arise from treatment for cancer. The Complex Cancer Late Effects Rehabilitation Service (CCLERS) supports people with persistent pain and reduced physical function, helping them to live well after cancer.

In partnership with





## Who we help

CCLERS is a national rehabilitation service for adults with late effects symptoms that could be related to cancer treatment in any part of your body. Reasons for referral to the service include:

- · Severe and persistent pain
- Reduced physical function or mobility
- You've noticed no improvement even after treatment locally from a physiotherapist or pain clinic.
- · Your active treatment for cancer must also have finished at least a year ago.

### How we help

Once you have been referred to the service, you may be offered:

- · A phone conversation with our Specialist Nurse to assess your needs
- A two day clinic at our centre in Bath. This may include appointments with a Consultant in Pain Medicine, Specialist Physiotherapists, Occupational Therapists and a Clinical Psychologist.
- A residential rehabilitation programme where appropriate, which includes specialist physiotherapy, hydrotherapy, occupational therapy, psychology, education and activities such as yoga, mindfulness and qigong.

### How to access the service

If you would like to access CCLERS, you can ask your health professional to refer to us. GPs should use the Electronic Referral System to make a referral. Enquiries and other referrals should be sent to:

### The CCLERS Team

Royal National Hospital for Rheumatic Diseases Royal United Hospitals Bath NHS Trust Combe Park Bath BA1 3NG

- **6** 01225 473481
- ruh-tr.rnhrdcclersinfo@nhs.net
- www.crpsandcancerlateeffects-bath.org.uk

For information, support or just someone to talk to, call 0808 808 00 00 or visit macmillan.org.uk.

